


Norse Home Activities Calendar

September 2018

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
						1 9:00 Stretch & Balance - SH 10:00 Activity Check in - FL 1-4 11:00 Vote: Dinner & Show - FPL 1:30 BINGO - 2nd FI 3:30 Wii Bowling - 2nd FI
2 6:30 Vespers - SH Ballard First Lutheran Communion	3 Labor Day Holiday 1:30 Watercolor w/ Deborah-SH 6:00 Knitting - 5th FL <div style="text-align: center; color: blue; font-weight: bold;"> HAPPY LABOR DAY! </div>	4 Lacey Off 9:30 Stretch & Flex - SH 10:30 Golf- FPL 2:00 Birthday Party - MDR 3:30 Texas Hold'em Poker - SH 3:30 Scrabble Hour - 3rd FL	5 9:30 EnhanceFitness - SH 10:00 Activity Check in - Floors 1-4 11:00 Mindstretchers - FPL&3FI 1:15 Fred Meyers Shopping 1:30 Studio Time - CR 3:30 Poet's Corner - FPL 6:15 BINGO - SH	6 9:00 Challenge Your Balance - SH 9:30 Activity Check in - Floors 2-3 9:40 Stretch & Flex - SH 10:15 Scenic Drive: Sign Up 1:30 BINGO - 2nd FL DR 3:00 Happy Hour - MDR	7 9:30 EnhanceFitness - SH 10:00 Activity Check in - Floors 1-4 10:45 Tech Time: Sign up 11:00 Mindstretchers - FPL&3 FL 1:00 Seattle Art Museum 2:00 Reading with Molly-5th 3:30 Phinney Farmers Market: Sign Up	8 9:00 Stretch & Balance - SH 9:30-11:30 Little Store Open - GF 10:00 Activity Check in - Floors 1-4 10:00 Dog Visit - 3rd FI 11:00 Riddle Me This - FPL 1:30 BINGO - 2nd FI 3:30 Wii Bowling - 2nd FI
9 1:25 Ch. 13 Seahawks @ Denver Broncos Season Opener	10 9:00 EnhanceFitness - SH 10:40 Bookmobile- ML 11:10 Mindstretchers - FPL 1:30 Activity Check in - Floors 1-4 1:30 Watercolor-SH 3:00 Reading with Molly - 5th FL 6:00 Knitting - 5th FL	11 Patriot Day 9:30 Stretch & Flex - SH 9:30 Activity Check in - Floors 2-3 10:30 Tulalip Casino: Sign Up 2:00 Scrabble Hour - 3rd FL 3:30 Texas Hold'em Poker - SH	12 9:30 EnhanceFitness - SH 10:00 Activity Check in - Floors 1-4 11:00 Mindstretchers - FPL&3FI 1:15 Fred Meyers Shopping 1:30 Mixed Media Collage - CR 3:30 Crafting With Lacey - CR 3:30 Composer's Corner - FPL	13 9:00 Challenge Your Balance - SH 9:30 Activity Check in - Floors 2-3 9:40-10:00 Stretch & Flex - SH 10:00 Chair Stretching - 2nd FL 10:30 Corn Hole Toss- FPL 1:30 BINGO - 2nd FL DR 3:00 Happy Hour - MDR	14 Molly Off 9:30 EnhanceFitness - SH 10:00 Activity Check in - Floors 1-4 11:30 Let's Cook Together - SH 2:00 Tech Time: Sign Up 3:30 Fred Meyer Rewards Sign up - GF 3:30 Drawing 101 - FR	15 9:00 Stretch & Balance - SH 9:30-11:30 Little Store Open - GF 10:00 Activity Check in - Floors 1-4 11:00 Mindstretchers - FPL 1:00 BINGO - 2nd FI 2:00 Pam McGaffin Book Reading & Signing - MDR 3:30 Wii Bowling - 2nd FI
16 9:30 - 1:00 Sunday Brunch Buffet - MDR 6:30 Vespers - SH Dwight Paulson	17 9:00 EnhanceFitness-SH 11:00 Mindstretchers - FPL 1:30 Activity Check in - Floors 1-4 1:30 Watercolor - SH 3:00 Reading with Molly - 5th FL 6:00 Knitting - 5th FL	18 9:30 Stretch & Flex - SH 9:30 Activity Check in - Floors 2-3 10:30 Nordic Museum Tour 3:30 Texas Hold'em Poker - SH 3:30 Scrabble Hour - 3rd FL	19 9:30 EnhanceFitness - SH 10:00 Activity Check In - Floors 1-4 11:00 Mindstretchers - FPL& 3FL 1:15 Fred Meyers Shopping 1:30 Studio Time - CR 3:30 Tasting Party - SH 6:15 BINGO - SH	20 9:00 Challenge Your Balance - SH 9:30 Activity Check in - Floors 2-3 9:40 Stretch & Flex- SH 10:15 Scenic Drive: Sign Up 1:30 BINGO - 2nd FI DR 3:00 Happy Hour - MDR	21 9:30 EnhanceFitness - SH 10:00 Activity Check in - Floors 1-4 10:45 Tech Time: Sign Up 11:00 Mindstretchers- FPL&3rd FL 1:00 Seattle Aquarium: Sign Up 3:30 Wii Practice - 2nd FL 3:30 Pool with Jeremy - 4th FL 5:00 Baseball and Dinner- SH	22 Autumn Begins Lacey & Martha Off 9:30-11:30 Little Store Open - GF 12:00 Eyeglass Adjustments and Repair - ML
23 3:30 Sing-Along - FPL	24 9:00 EnhanceFitness - SH 11:00 Mindstretchers - FPL 1:30 Meeting Readers' Theatre-FR 3:00 Reading with Molly - 5th FL 6:00 Knitting - 5th FL 7:30 Norwegian Male Chorus- MDR	25 9:30 Stretch & Flex - SH 10:00 Activity Check in - Floors 2-3 10:30 Golf-FPL 1:30 Watercolor with Lacey - SH 3:30 Texas Hold'em Poker - SH 3:30 Scrabble Hour - 3rd FL	26 9:30 EnhanceFitness - SH 10:00 Activity Check In - Floors 1-4 11:00 Mindstretchers - FPL&3 FI 1:15 Fred Meyer Shopping 1:30 Mixed Media Collage - CR 3:30 Poet's Corner - FPL 3:30 Tea Party - 3rd FL	27 Podiatrist Here 9:00 Challenge Your Balance - SH 9:30 Activity Check in - Floors 2-3 9:40 Stretch & Flex - SH 10:00 Chair Stretching - 2nd FL 10:30 Corn Hole Toss- FPL 1:30 BINGO - 2nd FL DR 3:00 Happy Hour - MDR	28 9:30 EnhanceFitness - SH 10:00 Activity Check in - Floors 1-4 11:00 Mindstretchers- FPL&3rd FL 1:00 Japanese Garden Walk 3:30 Tech Time: Sign Up 3:30 Drawing 101 - FR	29 9:00 Stretch & Balance - SH 9:30-11:30 Little Store Open - GF 11:00 Riddle Me This - FPL 1:30 BINGO - 2nd FI 3:00 Wii Bowling - 2nd FI 5:00 Dinner & a Show - FR
30 7:00 Vesper - SH The Ockwell Family	All Activities are subject to change.					