


# Norse Home Activities Calendar

# September 2019

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	
<b>1</b> 6:30 Vespers - SH Ballard First Lutheran Communion	<b>2 Labor Day Holiday</b> 	<b>3</b> 9:30 Stretch & Flex - SH 10:15-11:30 Little Store Open-GF 10:30 Corn Hole Toss- FPL 1:30 Reading with Molly-5th FI 3:00 Texas Hold'em Poker - SH	<b>4</b> 9:30 EnhanceFitness - SH 11:00 Mindstretchers - FPL 1:15 Fred Meyers Shopping 2:30 Chinese's Checkers -2nd FL 3:30 Composer's Corner - FPL 6:15pm BINGO -SH	<b>5</b> 9:00 Challenge Your Balance - SH 9:40 Stretch & Flex - SH 10:30 Corn Hole Toss- FPL 1:00-2:30 Little Store Open - GF 1:30 BINGO - 2nd FL DR 3:00 Happy Hour - MDR	<b>6</b> 9:30 EnhanceFitness - SH 11:00 Mindstretchers - FPL 1:30 Scenic Drive: Sign Up 2:30 Watercolor with Lacey - SH 3:00 Tech Time: Sign Up	<b>7 Lacey's Off</b> 9:00 Stretch & Balance - SH 9:30-11:30 Little Store Open - GF 12:00 Eye Glass Repair—MDR	
<b>8</b> 1:05 Seattle Seahawks vs. Cincinnati Bengals Ch. 7 Regular Season	<b>9</b> 9:00 EnhanceFitness-SH 10:40 Bookmobile- ML 11:10 Mindstretchers - FPL 2:30 Reading with Molly-5th FI	<b>10</b> 9:30 Stretch & Flex - SH 10:15-11:30 Little Store Open-GF 10:30 Corn Hole Toss- FPL 1:30 Writing Workshop-PDR 2:00 Scrabble - 2nd FL 3:00 Texas Hold'em Poker - SH	<b>11</b> 9:30 EnhanceFitness - SH 11:00 Mindstretchers - FPL 1:15 Fred Meyers Shopping 2:30 Chinese's Checkers -2nd FL 3:30 Poet's Corner - FPL	<b>12</b> 9:00 Challenge Your Balance - SH 9:40 Stretch & Flex - SH 10:30 Scenic Drive: Sign up 1:00-2:30 Little Store Open - GF 1:30 BINGO - 2nd FL DR 3:00 Happy Hour - MDR	<b>13</b> 9:30 EnhanceFitness - SH 11:00 Mindstretchers - FPL 1:30 Zoo Outing 2:30 Watercolor with Lacey - SH 3:00 Tech Time: Sign Up	<b>14</b> 9:00 Stretch & Balance - SH 10:00 Dog Visit - 3rd FI 10:30 Outing: Dollar Tree 1:30 BINGO - 2nd FI 3:00 Wii Bowling - 2nd FI	
<b>15</b> 10:00 Seahawks @ Pittsburgh Steelers Ch. 13 6:30 Vespers - SH Dwight Paulson	<b>16 Molly's Off</b> 9:00 EnhanceFitness-SH 11:00 Mindstretchers - FPL	<b>17</b> 9:30 Stretch & Flex - SH 10:15-11:30 Little Store Open-GF 10:30 Corn Hole Toss- FPL 2:00 Birthday Party with Steve Flynn 3:15 Texas Hold'em Poker - SH	<b>18</b> 9:30 EnhanceFitness - SH 11:00 Mindstretchers - FPL 1:15 Fred Meyers Shopping 3:00 Tea Party – 2nd FL 6:15 BINGO - SH	<b>19</b> 9:00 Challenge Your Balance - SH 9:40 Stretch & Flex - SH 10:30 Corn Hole Toss- FPL 1:00-2:30 Little Store Open - GF 1:30 BINGO - 2nd FL DR 3:00 Happy Hour - MDR	<b>20 Jeremy's Off</b> 9:30 Movement with Molly- SH 11:00 Mindstretchers - FPL 2:00 Reading with Molly-5th FI 2:30 Tech Time with Lacey 4:00 Baseball Game & Dinner-SH	<b>21</b> 9:00 Stretch & Balance - SH 9:30-11:30 Little Store Open - GF 9:30 Outing: Trader Joes 10:30 Water Color Class-SH 11:15 Vote for Dinner & A Movie - FPL 1:30 BINGO - 2nd FI 3:30 Wii Bowling—2nd FL	
<b>22</b> 9:30-1:00 Norse Home's Brunch Buffett 1:25 Seahawks vs. New Orleans Saints Ch. 7 3:30 Sing Along-FPL	<b>23</b> 9:00 EnhanceFitness-SH 11:00 Mindstretchers - FPL 2:30 Reading with Molly-5th FI	<b>24 Lacey's Off</b> 9:30 Stretch & Flex - SH 10:15-11:30 Little Store Open-GF 10:30 Corn Hole Toss- FPL 1:30 Writing Workshop-PDR 3:00 Texas Hold'em Poker - SH	<b>25</b> 9:30 EnhanceFitness - SH 11:00 Mindstretchers - FPL 1:15 Fred Meyer Shopping 1:30 Bell Choir - FPL 2:30 Chinese's Checkers -2nd FL 3:30 Tasting Party - SH	<b>26</b> 9:00 Challenge Your Balance - SH 9:40 Stretch & Flex - SH 10:30 Scenic Drive: Sign up 1:00-2:30 Little Store Open - GF 1:30 BINGO - 2nd FL DR 3:00 Happy Hour - MDR	<b>27</b> 9:30 EnhanceFitness - SH 11:00 Mindstretchers - FPL 1:30 Practice Poker - SH 2:30 Color Theory with Lacey - FR 3:00 Tech Time: Sign Up	<b>28</b> 9:00 Stretch & Balance - SH 9:30-11:30 Little Store Open - GF 10:30 Water Color Class-SH 10:30 Outing: Walgreens 1:30 BINGO - 2nd FI 3:00 Wii Bowling - 2nd FI 4:30 Dinner & a Movie - FR	
<b>29</b> 1:05 Seahawks @ Arizona Cardinals Ch. 13 7:00 Vesper - SH The Ockwell Family	<b>30</b> 9:00 EnhanceFitness - SH 11:00 Mindstretchers - FPL 2:30 Reading with Molly-5th FI	Activities Hotline # 7444 (206-781-7444) Updated daily  All Activities are subject to change.					