


Norse Home Activities Calendar

September 2017

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
						<p>1</p> <p>9:00 Enhanced Fitness - SH 10:00 Tech Time with Lacey 10:45 Current Events - FPL 11:00 Mindstretchers- 3rd FL 1:30 Craft Room Open - GF 3:00 Corn Hole Toss - FPL 3:30 Drawing 101 - FR</p>
<p><i>All Activities are subject to change.</i></p>						
<p>3</p> <p>6:30 Vespers - SH Ballard First Lutheran Communion</p>	<p>4</p> <p style="text-align: center;">Labor Day</p> <p style="text-align: center;">Labor Day Holiday</p>	<p>5</p> <p>Welcome Back Jeremy</p> <p>9:00 EnhanceFitness-SH 10:15-11:30 Little Store Open- G 10:00 Fun & Games - 3rd FL 10:30 Golf - FPL 2:00 Bell Choir - FPL 3:15 Reader's Theater - FR 4:00 Welcome Back Jeremy Dinner Out: Sign Up</p>	<p>6</p> <p>9:30 Stretch and Flex-SH 11:00 Mind Stretchers - FPL&3FI 1:15 Fred Meyers Shopping 1:30 Craft Room Open - GF 1:30 Corn Hole Toss - G 3:30 How was Yellowstone? - SH</p>	<p>7</p> <p>9:00 Challenge Your Balance - SH 9:30 Zoo Trip & Picnic: Sign Up 1:00-3:00 Little Store Open-GF 1:30 BINGO - 2nd FL DR 3:00 Happy Hour - MDR</p>	<p>8</p> <p>9:00 Jeremy Fitness - SH 10:30 Scenic Drive: Sign Up 1:30 Craft Room Open - GF 1:30 Tech Time: Sign Up 2:00 Reading with Molly-4th FI 3:15 Phinney Farmers Market 3:15 Scrabble Hour - 2nd FI</p>	<p>9</p> <p>9:00 Stretch & Balance - SH 9:30-11:30 Little Store Open- GF 10:00 Dog Visit-3rd FI 10:00 Target Outing: Sign Up 1:30 BINGO - 2nd FI 3:30 Wii Bowling - 2nd FI</p>
<p>10</p> <p>First Regular Season Game! 1:25 Seahawks Vs. GB Packers Watch on Channel 13!</p>	<p>11</p> <p>9:00 Jeremy Fitness - SH 10:30 Bookmobile-ML 11:00 Mindstretchers - FPL 1:30 Art Class - SH 3:00 Reading with Molly - 4th</p>	<p>12</p> <p>9:30 Stretch & Flex- SH 10:15-11:30 Little Store Open- GF 11:00 Picnic at Volunteer Park 3:30 Texas Hold'em Poker - SH 3:30 Scrabble Hour - 2nd FL 3:30 Color History-2nd FL Lounge</p>	<p>13</p> <p>9:00 Enhanced Fitness - SH 11:00 Mind Stretchers - FPL&3FI 1:15 Fred Meyers Shopping 1:30 Craft Room Open - GF 1:30 Corn Hole Toss - G 3:30 Composer's Corner -FPL 6:15 Bingo in SH</p>	<p>14</p> <p>9:00 Challenge Your Balance - SH 9:30 Stretch & Flex - SH 10:00 Off to the Races - 3rd FL 10:30 Golf - FPL 1:00-3:00 Little Store Open-GF 1:30 BINGO - 2nd FL DR 2:00 Yoga- SH 3:00 Happy Hour - MDR</p>	<p>15</p> <p>9:00 Enhanced Fitness - SH 10:30 Poet's Corner-FPL 11:45 Lunch Outing: Sign up 1:30 Craft Room Open - GR 1:30 Tech Time: Sign Up 3:15 Drawing 101 - FR 4:30 Baseball Game & Dinner-SH</p>	<p>16</p> <p>9:00 Stretch & Balance - SH 9:30-11:30 Little Store Open- GF 10:00 Jo Ann Fabrics Outing: Sign Up 1:30 BINGO - 2nd FI 3:30 Wii Bowling - 2nd FI</p>
<p>17</p> <p>2:00 Knitting & Crochet -4th fl 6:30 Vespers - SH Dwight Paulson</p>	<p>18</p> <p>Molly's on Vacation</p> <p>9:00 Enhanced Fitness - SH 1:30 Art Class - SH</p>	<p>19</p> <p>9:30 Brunch on the Beach 2:00 Birthday Party with Steve Flynn 3:30 Texas Hold'em Poker - SH 3:30 Scrabble Hour - 2nd</p>	<p>20</p> <p>9:00 Enhanced Fitness - SH 10:30 Fred Meyers Shopping 11:00 Mindstretchers- 3rd FI 1:30 Craft Room Open - GF 3:30 Tasting Party -SH</p>	<p>21</p> <p>Podiatrist's Here</p> <p>9:00 Challenge Your Balance - SH 10:00 Outing to Rose Garden 1:00-3:00 Little Store Open-GF 1:30 BINGO - 2nd FI DR 2:00 Yoga- SH 3:00 Happy Hour- MDR</p>	<p>22</p> <p>Fall Begins</p> <p>9:00 Enhanced Fitness - SH 10:30 Scenic Drive: Sign Up 1:30 Craft Room Open - GF 3:30 Golf - FPL 3:30 Tech Time w/ Lacey</p>	<p>23</p> <p>9:00 Stretch & Balance - SH 9:30-11:30 Little Store Open- GF 10:00 Ross Outing: Sign Up 1:30 BINGO - 2nd FI 3:30 Wii Bowling - 2nd FI</p>
<p>24</p> <p>3:30 Sing Along - FPL 7:00 Vespers -SH Ockwell Family</p>	<p>25</p> <p>Welcome Back Molly</p> <p>9:00 Enhanced Fitness - SH 11:00 Mindstretchers - FPL 1:30 Art Class - SH 3:00 Reading with Molly - 4th</p>	<p>26</p> <p>9:30 Stretch & Flex - SH 10:15-11:30 Little Store Open-GF 10:00 Fun & Games - 3rd FL 1:15 Scenic Drive: Sign UP 3:30 Scrabble Hour - 2nd FI 3:30 Texas Hold'em Poker - SH</p>	<p>27</p> <p>11:00 Mind Stretchers - FPL 1:15 Fred Meyers Shopping 1:30 Craft Room Open - GF 3:30 EnhanceFitness-SH 6:15 Bingo in SH</p>	<p>28</p> <p>9:00 Challenge Your Balance - SH 9:40 Stretch & Flex - SH 10:00 Off to the Races - 3rd fl 10:30 Golf - FPL 1:00-3:00 Little Store Open-GF 1:30 BINGO - 2nd FI DR 2:00 Yoga- SH 3:00 Happy Hour - MDR</p>	<p>29</p> <p>9:00 Enhanced Fitness - SH 10:00 Tech Time with Lacey 10:30 Poet's Corner-FPL 11:00 Mindstretchers- 3rd FL 1:30 Craft Room Open - GF 1:30 Reader's Theater - FR 3:15 Drawing 101 - FR 3:15 Phinney Farmers Market 6:00 Jean plays the piano-FPL</p>	<p>30</p> <p>9:00 Stretch & Balance - SH 9:30-11:30 Little Store Open- GF 10:00 Third Place Books Outing: Sign Up 1:30 BINGO - 2nd FI 3:30 Wii Bowling - 2nd FI</p>

Room Abbreviations FPL - Fireplace Lounge-1st FR - Founders Room, GF GF - Ground Floor MDR - Main Dining 1st FL ML - Main Lobby PDR - Private Dining Room SH - Social Hall, GF G - Garden, 1st FL