


Norse Home Activities Calendar

August 2018

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			1 9:30 EnhanceFitness - SH 10:00 Activity Check in - Floors 1-4 11:00 Mind Stretchers - FPL&3FI 1:15 Fred Meyers Shopping 1:30 Studio Time - CR 3:30 Composer's Corner - FPL	2 9:00 Challenge Your Balance - SH 9:40 Stretch & Flex - SH 10:00 Activity Check in - Floors 2-3 10:30 Corn Hole Toss- FPL 11:00 Wii Practice - 2nd FI 1:30 BINGO - 2nd FL DR 3:00 Happy Hour - MDR	3 9:30 EnhanceFitness - SH 10:00 Activity Check in - Floors 1-4 11:00 Mindstretchers-FPL&3 FL 1:00 Outing to Third Place Books 3:30 Drawing 101 - FR 3:30 Tech Time: Sign Up	4 Lacey Off 9:00 Stretch & Balance - SH 9:30-11:30 Little Store Open - GF 12:00 Eyeglass Repair - ML <p style="text-align: center;">Seafair Weekend</p>
5 2:00 Piano Recital- MDR 6:30 Vespers - SH Ballard First Lutheran Communion <p style="text-align: center;">Seafair Weekend</p>	6 Jeremy Off 11:00 Mindstretchers - FPL 1:30 Activity Check in - Floors 1-4 1:30 Watercolor -SH 3:00 Reading with Molly - 5th	7 9:30 Stretch & Flex - SH 10:00 Activity Check in - Floors 2-3 10:30 Golf- FPL 11:00 Wii Practice - 2nd FI 2:00 Bell Choir - FPL 2:00 Mixed Media Collage - SH 3:30 Texas Hold'em Poker - SH 3:30 Scrabble Hour - 3rd FL	8 9:30 EnhanceFitness - SH 10:00 Activity Check in - Floors 1-4 11:00 Mind Stretchers - FPL&3FI 1:15 Fred Meyers Shopping 1:30 Studio Time - CR 3:30 Corn Hole Toss - FPL 3:30 Crafting with Lacey - CR 6:15 Bingo- SH	9 9:00 Challenge Your Balance - SH 9:30 Activity Check in - Floors 2-3 9:40 Stretch & Flex - SH 10:15 Scenic Drive: Sign Up 1:30 BINGO - 2nd FL DR 3:00 Happy Hour - MDR	10 9:30 EnhanceFitness - SH 10:00 Activity Check in - Floors 1-4 10:45 Tech Time: Sign up 11:00 Mindstretchers - FPL&3 FL 1:30 Starbuck Reserves 5:00 Baseball Game & Dinner -SH	11 9:00 Stretch & Balance - SH 9:30-11:30 Little Store Open - GF 10:00 Activity Check in - Floors 1-4 10:00 Dog Visit - 3rd FI 11:00 Riddle Me This - FPL 1:30 BINGO - 2nd FI 3:30 Wii Bowling - 2nd FI
12 2:00 Fountain Dedication Garden Party - FPL/Garden	13 9:00 EnhanceFitness - SH 10:40 Bookmobile- ML 11:10 Mindstretchers - FPL 1:30 Activity Check in - Floors 1-4 1:30 Watercolor w/Deborah-SH 3:00 Reading with Molly - 5th	14 9:30 Stretch & Flex - SH 10:00 Activity Check in - Floors 2-3 10:30 Golf- FPL 2:00 Birthday Party - MDR 3:30 Texas Hold'em Poker - SH 3:30 Scrabble Hour - 3rd FL	15 9:30 EnhanceFitness - SH 10:00 Activity Check in - Floors 1-4 11:00 Mind Stretchers - FPL&3FI 1:15 Fred Meyers Shopping 1:30 Studio Time - CR 3:30 Tasting Party- SH	16 9:00 Challenge Your Balance - SH 9:40 Stretch & Flex - SH 10:00 Activity Check in - Floors 2-3 10:30 Corn Hole Toss- FPL 11:00 Wii Practice - 2nd FI 1:30 BINGO - 2nd FL DR 3:00 Happy Hour - MDR	17 Molly Off 9:30 EnhanceFitness - SH 10:00 Activity Check in - Floors 1-4 12:00 Water Taxi and Lunch 3:30 Tech Time: Sign Up 3:30 Drawing 101 - FR	18 9:00 Stretch & Balance - SH 9:30-11:30 Little Store Open - GF 10:00 Activity Check in - Floors 1-4 11:00 Riddle Me This - FPL 1:30 BINGO - 2nd FI 3:30 Wii Bowling - 2nd FI
19 6:30 Vespers - SH Dwight Paulson	20 Jeremy Off 9:00 Fitness with Molly - SH 11:00 Mindstretchers - FPL 1:30 Activity Check in - Floors 1-4 1:30 Watercolor w/Deborah - SH 3:00 Reading with Molly - 5th	21 Jeremy Off 9:30 Stretch & Flex - SH 9:30 Activity Check in - Floors 2-3 10:30 Golf with Lacey -FPL 2:00 Mixed Media Collage-CR 3:30 Texas Hold'em Poker - SH 3:30 Scrabble Hour - 3rd FL	22 9:30 EnhanceFitness - SH 10:00 Activity Check In - Floors 1-4 11:00 Mind Stretchers - FPL&3FI 1:15 Fred Meyers Shopping 1:30 Studio Time - CR 3:15 Ice Tea Party - 3rd FL 3:30 Corn Hole Toss - FPL 6:15 Bingo- SH	23 Podiatrist Here 9:00 Challenge Your Balance - SH 9:30 Activity Check in - Floors 2-3 9:40 Stretch and Flex- SH 10:15 Scenic Drive: Sign Up 1:30 BINGO - 2nd FI DR 3:00 Happy Hour - MDR	24 9:30 EnhanceFitness - SH 10:00 Activity Check in - Floors 1-4 10:45 Brunch on the Beach 11:00 Mindstretchers- FPL 2:00 Tech Time: Sign Up 3:30 Pool with Jeremy - 4th FL 3:30 Chair Stretching - SH	25 9:00 Stretch & Balance - SH 9:30-11:30 Little Store Open - GF 10:00 Activity Check in - Floors 1-4 11:00 Riddle Me This - FPL 1:30 BINGO - 2nd FI 3:30 Wii Bowling - 2nd FI
26 3:30 Sing-Along - FPL 7:00 Vespers -SH Ockwell Family	27 9:00 EnhanceFitness - SH 11:00 Mindstretchers - FPL 1:30 Activity Check in - Floors 1-4 1:30 Watercolor w/Deborah -SH 3:00 Reading with Molly - 5th	28 9:30 Stretch & Flex - SH 9:30 Activity Check in - Floors 2-3 10:15 Zoo outing and Picnic 3:30 Texas Hold'em Poker - SH 3:30 Scrabble Hour - 3rd FL	29 9:30 EnhanceFitness - SH 10:00 Activity Check In - Floors 1-4 11:00 Mindstretchers - FPL&3 FI 1:15 Fred Meyer Shopping 1:30 Studio Time - CR 3:30 Poet's Corner - FPL 3:30 Crafting with Lacey - CR	30 9:00 Challenge Your Balance - SH 9:40 Stretch & Flex - SH 10:00 Activity Check in - Floors 2-3 10:30 Corn Hole Toss- FPL 11:00 Wii Practice - 2nd FI 1:30 BINGO - 2nd FL DR 3:00 Happy Hour - MDR	31 9:30 EnhanceFitness - SH 10:00 Activity Check in - Floors 1-4 11:00 Mindstretchers- FPL&3rd FL 1:00 MOHAI 3:30 Tech Time: Sign Up 3:30 Drawing 101 - FR	<p style="text-align: center;"><u>All Activities are subject to change.</u></p>

Room Abbreviations CR - Craft Room, GF FPL - Fireplace Lounge-1st FR - Founders Room, GF GF - Ground Floor MDR - Main Dining 1st FL ML - Main Lobby PDR - Private Dining Room SH - Social Hall, GF