

# Norse Home Activities Calendar

# August 2017

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		<b>1</b> 9:30 Stretch & Flex- SH 10:15-11:30 Little Store Open- GF 10:00 Fun & Games - 3rd fl 10:30 Golf - FPL 2:00 Bell Choir - FPL 3:30 Scrabble Hour - 2nd Fl 3:30 Texas Hold'em Poker - SH	<b>2</b> 9:00 Enhanced Fitness - SH 11:00 Mind Stretchers - FPL&3FI 1:15 Fred Meyers Shopping 1:30 Corn Hole Toss - G 1:30 Craft Room Open - GF 3:30 Composer's Corner -FPL 3:30 Tea for Two - 2rd Fl	<b>3</b> 9:00 Challenge Your Balance - SH 9:40 Stretch & Flex - SH 10:30 Off to the Races - 3rd 11:00 I.L. Resident meeting - SH 1:00-3:00 Little Store Open - GF 1:30 BINGO - 2nd FL DR 2:00 Yoga - SH 3:00 Happy Hour - MDR	<b>4</b> 9:00 Enhanced Fitness - SH 10:45 Poet's Corner-FPL 11:00 Tech Time with Lacey 1:30 Craft Room Open - GF 3:00 3:15 Phinney Farmers Market	<b>5</b> 9:00 Stretch & Balance - SH 9:30-11:30 Little Store Open - GF 10:00 Hobby Lobby Outing: Sign Up 12:00 Eyeglass repair - ML 1:30 BINGO - 2nd FL DR 3:30 Wii Bowling - SH
<b>6</b> 6:30 Vespers - SH Ballard First Lutheran Communion	<b>7</b> 9:00 Enhanced Fitness - SH 11:00 Mindstretchers - FPL 1:30 Art Class - SH 1:30 Piano with Doug- FPL 3:00 Reading with Molly - 4th	<b>8</b> 9:30 Stretch & Flex- SH 10:15-11:30 Little Store Open- GF 10:15 Scenic Drive: Sign Up 1:30 Golf - FPL 2:00 Small group Outing to Zoo 3:30 Texas Hold'em Poker - SH 3:30 Scrabble Hour - 2nd Fl	<b>9</b> 9:00 Enhanced Fitness - SH 11:00 Mind Stretchers - FPL&3FI 1:15 Fred Meyers Shopping 1:30 Craft Room Open - GF 1:30 Corn Hole Toss - G 3:30 Composer's Corner -FPL 3:30 Tea for Two - 3rd Fl 6:15 Bingo - SH	<b>10</b> 9:00 Challenge Your Balance - SH 9:30 Brunch on the Beach: Sign Up 1:00-3:00 Little Store Open-GF 1:30 BINGO - 2nd FL DR 2:00 Yoga- SH 3:00 Happy Hour - MDR	<b>11</b> 9:00 Enhanced Fitness - SH 10:45 Poetry Corner- FPL 11:45 Lunch Outing: Car Sign up 1:30 Craft Room Open - GF 1:30 Tech Time: Sign Up 3:15 Garden Chit Chats - G	<b>12</b> 9:00 Stretch & Balance - SH 9:30-11:30 Little Store Open- GF 10:00 Dog Visit-3rd Fl 10:00 Diaso Outing: Sign Up 1:30 BINGO - 2nd FL DR 3:30 Wii Bowling - SH
<b>13</b>	<b>14</b> 9:00 Enhanced Fitness - SH 10:30 Bookmobile-ML 11:00 Mindstretchers - FPL 1:30 Art Class - SH 3:00 Reading with Molly - 4th	<b>15</b> 9:30 Stretch & Flex- SH 10:15-11:30 Little Store Open- GF 10:15 Outing to Swanson's Nursery: Sign up 1:30 Readers' Theatre Meeting-FR 3:30 Texas Hold'em Poker - SH 3:30 Scrabble Hour - 2nd Fl	<b>16</b> 9:00 Enhanced Fitness - SH 11:00 Mind Stretchers - FPL&3FI 1:15 Fred Meyers Shopping 1:30 Craft Room Open - GF 3:30 Tasting Party -SH	<b>17</b> 9:00 Challenge Your Balance - SH 9:30 Zoo Outing & Lunch 1:00-3:00 Little Store Open-GF 1:30 BINGO - 2nd FL DR 2:00 Yoga- SH 3:00 Happy Hour - MDR	<b>18</b> 9:00 Enhanced Fitness - SH 10:00 Tech Time with Lacey 10:45 Poetry Corner - FPL 11:00 Mind Stretchers - 3rd FL 1:30 Let's Talk Activities - FLP 3:00 Corn Hole Toss - G	<b>19</b> 9:00 Stretch & Balance - SH 9:30-11:30 Little Store Open- GF 10:00 Uwajimaya Outing: Sign Up 1:30 BINGO - 2nd Fl DR 3:30 Wii Bowling - SH
<b>20</b> 6:30 Vespers - SH Dwight Paulson	<b>21</b> 9:00 Enhanced Fitness - SH 11:00 Mindstretchers - FPL 1:30 Art Class - SH 4:30 Baseball Game & Dinner-SH	<b>22</b> 9:30 Stretch & Flex SH 10:15-11:30 Little Store Open- GF 10:00 Fun & Games - 3rd fl 2:00 Birthday Party w/ Cheryl Oliver 3:15 Reading with Molly- 4th 3:30 Scrabble Hour - 2nd	<b>23</b> 9:00 Enhanced Fitness - SH 11:00 Mind Stretchers - FPL&3FI 1:15 Fred Meyers Shopping 1:30 Craft Room Open - GF 3:30 Tea for Two - 2nd Fl 7:00 O.K. Chorale- MDR	<b>24</b> 9:00 Challenge Your Balance - SH 9:40 Stretch & Flex - SH 10:00 Off to the Races - 3rd fl 1:00-3:00 Little Store Open-GF 1:30 BINGO - 2nd 2:00 Yoga- SH 3:00 Happy Hour- MDR	<b>25</b> 9:00 Enhanced Fitness - SH 10:45 Current Events - FPL 11:00 Mind Stretchers - 3rd FL 1:30 Craft Room Open - GF 1:30 Texas Hold'em- SH 3:15 Phinney Farmers Market 3:15 Tech Time with Lacey 6:00 Jean McClelland plays the piano- FPL	<b>26</b> 9:00 Stretch & Balance - SH 9:30-11:30 Little Store Open- GF 10:00 Third Place Books Outing: Sign Up 1:30 BINGO - 2nd Fl DR 3:30 Wii Bowling - SH
<b>27</b> 3:30pm Sing Along-FPL	<b>28</b> 9:00 Enhanced Fitness - SH 11:00 Mindstretchers - FPL 1:30 Art Class - SH 3:00 Reading with Molly - 4th	<b>29</b> 9:30 Stretch & Flex - SH 10:15-11:30 Little Store Open-GF 10:00 Fun & Games - 3rd fl 2:00 Texas Hold'em-SH 3:30 Scrabble Hour - 2nd Fl 4:00 Dinner Outing: Sign Up	<b>30</b> 9:00 Enhanced Fitness - SH 11:00 Mind Stretchers - FPL&3FI 1:15 Fred Meyers Shopping 1:30 Craft Room Open - GF 3:30 Color History w/ Lacey - FPL 6:15 Bingo- SH	<b>31</b> 9:00 Challenge Your Balance - SH 9:40 Stretch & Flex - SH 10:00 Off to the Races - 3rd fl 1:00-3:00 Little Store Open-GF 1:30 BINGO - 2nd Fl DR 2:00 Yoga- SH 3:00 Happy Hour - MDR	<b>Jeremy is on vacation from Monday, 8/21 until Tuesday, 9/5</b>  <b>All Activities are subject to change.</b>	

**Room Abbreviations** FPL - Fireplace Lounge-1st FR - Founders Room, GF GF - Ground Floor MDR - Main Dining 1st FL ML - Main Lobby PDR - Private Dining Room SH - Social Hall, GF G - Garden, 1st FL