



Norse Home Activities Calendar

July 2018

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	
1 6:30 Vespers-SH Ballard 1st Lutheran Church	2 9:00 EnhanceFitness - SH 11:00 Mindstretchers - FPL 1:30 Activity Check in - Floors 1-4 1:30 Watercolor w/ Deborah-SH 3:00 Reading with Molly-4th	3 9:30 Stretch & Flex - SH 10:00 Activity Check in - Floors 2-3 10:30 Golf - FPL 11:00 Wii Practice - 2nd Fl 1:15 Fred Meyer Shopping 2:00 Bell Choir- FPL 3:30 Texas Hold'em-SH 3:30 Scrabble Hour - 3rd FL	4 Independence Day Happy 4th of July 	5 9:00 Challenge Your Balance - SH 9:40 Stretch & Flex - SH 10:00 Activity Check in - Floors 2-3 10:30 Corn Hole Toss- FPL 11:00 Ring Toss - 3rd Fl 1:30 BINGO - 2nd FL DR 3:00 Happy Hour - MDR	6 9:30 EnhanceFitness - SH 10:00 Activity Check in - Floors 1-4 11:45 Lunch at Nordic Museum 3:30 Drawing 101 - FR 3:30 Tech Time: Sign Up	7 9:00 Stretch & Balance - SH 9:30-11:30 Little Store Open - GF 10:00 Activity Check in - Floors 1-4 11:00 Riddle Me This - FPL 12:00 Eyeglass Repair - ML 1:30 BINGO - 2nd Fl 3:30 Wii Bowling - 2nd Fl	
8	9 9:00 EnhanceFitness - SH 10:40 Bookmobile- ML 11:10 Mindstretchers - FPL 1:30 Activity Check in - Floors 1-4 1:30 Watercolor -SH 3:00 Reading with Molly - 4th	10 9:30 Stretch & Flex - SH 10:15 Zoo Outing & Picnic 2:00 Mixed Media Collage - SH 3:30 Texas Hold'em Poker - SH 3:30 Scrabble Hour - 3rd FL	11 9:30 EnhanceFitness - SH 10:00 Activity Check in - Floors 1-4 11:00 Mind Stretchers - FPL&3Fl 1:15 Fred Meyers Shopping 1:30 Studio Time - CR 3:30 Composer's Corner - FPL 6:15 Bingo- SH	12 9:00 Challenge Your Balance - SH 9:30 Activity Check in - Floors 2-3 9:40 Stretch & Flex - SH 10:15 Scenic Drive: Sign Up 1:30 BINGO - 2nd FL DR 3:00 Happy Hour - MDR	13 9:30 EnhanceFitness - SH 10:00 Activity Check in - Floors 1-4 10:45 Tech Time: Sign up 11:00 Mindstretchers - FPL&3 FL 1:00 Walking at Green lake 3:15 Phinney Farmers Market 3:30 Crafting with Lacey - CR 3:30 Pool with Jeremy - 4th FL	14 9:00 Stretch & Balance - SH 9:30-11:30 Little Store Open - GF 10:00 Activity Check in - Floors 1-4 10:00 Dog Visit - 3rd Fl 11:00 Riddle Me This - FPL 1:30 BINGO - 2nd Fl 3:30 Wii Bowling - 2nd Fl	
15 2:00 Knitting and Crochet- 5th Fl. 6:30 Vespers -SH Dwight Paulson	16 9:00 EnhanceFitness - SH 11:00 Mindstretchers - FPL 1:30 Activity Check in - Floors 1-4 1:30 Watercolor -SH 3:00 Reading with Molly - 4th	17 9:30 Stretch & Flex - SH 10:00 Activity Check in - Floors 2-3 10:30 Golf- FPL 11:00 Wii Practice - 2nd Fl 2:00 Birthday Party - MDR 3:30 Texas Hold'em Poker - SH 3:30 Scrabble Hour - 3rd FL 5:00 Baseball Game & Dinner -SH	18 9:30 EnhanceFitness - SH 10:00 Activity Check In - Floors 1-4 11:00 Mind Stretchers - FPL&3Fl 1:15 Fred Meyers Shopping 1:30 Studio Time - CR 3:30 Tasting Party- SH	19 9:00 Challenge Your Balance - SH 9:40 Stretch & Flex - SH 10:00 Activity Check in - Floors 2-3 10:30 Corn Hole Toss- FPL 11:00 Ring Toss - 3rd Fl 1:30 BINGO - 2nd FL DR 3:00 Happy Hour - MDR	20 9:30 EnhanceFitness - SH 10:00 Activity Check in - Floors 1-4 11:00 Mindstretchers- FPL 11:45 Picnic at Carkeek Park 3:00 Tech Time: Sign Up 3:15 Drawing 101 - FR	21 9:00 Stretch & Balance - SH 9:30-11:30 Little Store Open - GF 10:00 Activity Check in - Floors 1-4 11:00 Riddle Me This - FPL 1:30 BINGO - 2nd Fl 3:30 Wii Bowling - 2nd Fl	
22 3:30 Sing Along -FPL 6:00pm Violin Recital - MDR	23 9:00 EnhanceFitness - SH 11:00 Mindstretchers - FPL 1:30 Activity Check in - Floors 1-4 1:30 Watercolor w/ Deborah- SH 3:00 Reading with Molly - 4th	24 9:30 Stretch & Flex - SH 10:00 Activity Check in - Floors 2-3 10:30 Golf- FPL 11:00 Wii Practice - 2nd Fl 2:00 Mixed Media Collage - SH 3:30 Texas Hold'em Poker - SH 3:30 Scrabble Hour - 3rd FL	25 9:30 EnhanceFitness - SH 10:00 Activity Check In - Floors 1-4 11:00 Mindstretchers - FPL&3 Fl 1:15 Fred Meyer Shopping 1:30 Studio Time - CR 3:15 July Tea Party - 3rd FL 3:30 Corn Hole Toss - FPL 6:15 Bingo- SH	26 Podiatrist Here 9:00 Challenge Your Balance - SH 9:30 Activity Check in - Floors 2-3 9:40 Stretch and Flex- SH 10:15 Scenic Drive: Sign Up 1:30 BINGO - 2nd Fl DR 3:00 Happy Hour - MDR	27 9:30 EnhanceFitness - SH 10:00 Activity Check in - Floors 1-4 10:45 Tech Time: Sign Up 11:00 Mindstretchers-FPL&3 FL 1:30 Bellevue Museum of Art 3:15 Phinney Farmers Market 6:00 Jean plays piano- FPL	28 9:00 Stretch & Balance - SH 9:30-11:30 Little Store Open - GF 10:00 Activity Check in - Floors 1-4 11:00 Riddle Me This - FPL 1:30 BINGO - 2nd Fl 3:30 Wii Bowling - 2nd Fl	
29 2:00 Greenwood Concert Band - MDR 7:00 Vespers -SH Ockwell Family	30 9:00 EnhanceFitness - SH 11:00 Mindstretchers - FPL 1:30 Activity Check in - Floors 1-4 1:30 Watercolor w/ Deborah-SH 3:00 Reading with Molly - 4th	31 9:30 Stretch & Flex - SH 10:00 Activity Check in - Floors 2-3 10:30 Golf - FPL 11:00 Wii Practice - 2nd Fl 1:00 Let's go to a Cat Café 3:30 Texas Hold'em Poker - SH 3:30 Scrabble Hour - 3rd FL					

All Activities are subject to change.