


Norse Home Activities Calendar

April 2019

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	1 FOOLS 9:00 EnhanceFitness - SH 11:00 Mindstretchers - FPL 1:30 Watercolor - SH 3:00 Reading with Molly-5th Fl	2 9:30 Stretch & Flex - SH 10:15-11:30 Little Store Open-GF 10:30 Golf-FPL 1:30 Writing Workshop -PDR 1:30 Let's Play 'Sorry'-3rd FL 2:30 Kapka Kids - 2nd FL 3:30 Texas Hold'em Poker - SH	3 9:30 EnhanceFitness - SH 11:00 Mindstretchers - FPL 1:15 Fred Meyers Shopping 2:30 Scrabble Hour - 2nd FL 3:30 TED Talk - PDR 6:15 BINGO - SH	4 9:00 Challenge Your Balance - SH 9:40 Stretch & Flex - SH 10:30 Corn Hole Toss- FPL 1:00-2:30 Little Store Open - GF 1:30 BINGO - 2nd FL DR 3:00 Happy Hour - MDR	5 9:30 EnhanceFitness - SH 11:00 Mindstretchers - FPL 2:00 Resident Meeting-MDR 3:00 Drawing 101 - FR 3:00 Tech Time: Sign Up	6 9:00 Stretch & Balance - SH 9:30-11:30 Little Store Open - GF 10:30 Outing: Dollar Tree 1:30 BINGO - 2nd Fl 3:30 Wii Bowling - 2nd Fl
7 6:30 Vespers - SH Ballard First Lutheran Communion	8 9:00 EnhanceFitness-SH 10:40 Bookmobile- ML 11:10 Mindstretchers - FPL 1:30 Watercolor -SH 3:00 Reading with Molly-5th Fl	9 9:30 Stretch & Flex - SH 10:15-11:30 Little Store Open-GF 10:30 Golf - FPL 3:30 Texas Hold'em Poker - SH 5:00 Baseball Game & Dinner-SH	10 9:30 EnhanceFitness - SH 11:00 Mindstretchers - FPL 1:15 Fred Meyers Shopping 2:30 Scrabble Hour - 2nd FL 3:30 Tasting Party - SH	11 9:00 Challenge Your Balance - SH 9:40 Stretch & Flex - SH 10:15 Scenic Drive: Sign up 1:00-2:30 Little Store Open - GF 1:30 BINGO - 2nd FL DR 3:00 Happy Hour - MDR	12 9:30 EnhanceFitness - SH 10:00 Planetarium Outing 11:00 Mindstretchers - FPL 3:00 Wii Practice - 2nd FL 3:00 Tech Time: Sign Up	13 9:00 Stretch & Balance - SH 9:30-11:30 Little Store Open - GF 10:00 Dog Visit - 3rd Fl 10:30 Outing: Trader Joes 1:30 BINGO - 2nd Fl 3:30 Wii Bowling - 2nd Fl
14 Palm Sunday 6:30 Vespers - SH Dwight Paulson	15 9:00 EnhanceFitness - SH 11:00 Mindstretchers - FPL 1:30 Watercolor - SH 3:00 Reading with Molly-5th Fl	16 9:30 Stretch & Flex - SH 10:15-11:30 Little Store Open-GF 10:30 Golf-FPL 1:30 Writing Workshop -PDR 2:30 Kapka Kids - 2nd FL 3:30 Texas Hold'em Poker - SH	17 Podiatrist 9:30 EnhanceFitness - SH 11:00 Mindstretchers - FPL 1:15 Fred Meyers Shopping 2:30 Tea Party - 2nd FL 3:30 Composer's Corner - FPL 6:15 BINGO - SH	18 9:00 Challenge Your Balance - SH 9:40 Stretch & Flex - SH 10:30 Corn Hole Toss- FPL 1:00-2:30 Little Store Open - GF 1:30 BINGO - 2nd FL DR 3:00 Happy Hour - MDR	19 Good Friday Passover Begins 9:30 EnhanceFitness - SH 11:00 Mindstretchers - FPL 2:00 Zoo Animal Outreach - SH 3:00 Drawing 101 - FR 3:00 Tech Time: Sign Up	20 9:00 Stretch & Balance - SH 9:30-11:30 Little Store Open - GF 9:30 Outing: Cat Cafe 11:15 Dinner & Movie Vote-FPL 1:30 BINGO - 2nd Fl 3:30 Wii Bowling - 2nd Fl
21 Easter 9:30 Sunday Brunch Buffet	22 Earth Day 9:00 EnhanceFitness - SH 11:00 Mindstretchers - FPL 1:30 Watercolor - SH 3:00 Reading with Molly-5th Fl	23 9:30 Stretch & Flex - SH 10:15-11:30 Little Store Open-GF 10:30 Golf-FPL 2:00 Birthday Party-MDR 2:30 Kapka Kids - 2nd FL 3:30 Texas Hold'em Poker - SH	24 9:30 EnhanceFitness - SH 11:00 Mindstretchers - FPL 1:15 Fred Meyer Shopping 1:30 Bell Choir - FPL 2:30 Scrabble Hour - 2nd FL 3:30 Corn hole Toss - FPL	25 9:00 Challenge Your Balance - SH 9:40 Stretch & Flex - SH 10:15 Scenic Drive: Sign up 1:00-2:30 Little Store Open - GF 1:30 BINGO - 2nd FL DR 3:00 Happy Hour - MDR	26 9:30 EnhanceFitness - SH 11:00 Mindstretchers - FPL 11:00 Cook Lunch Together - SH 3:00 Wii Practice - 2nd FL 3:00 Tech Time: Sign Up	27 Passover Ends 9:00 Stretch & Balance - SH 9:30-11:30 Little Store Open - GF 1:00 BINGO - 2nd Fl 2:30 Wii Bowling - 2nd Fl 4:30 Dinner & a Movie - FR
28 2:00 Annual Meeting-SH 3:30 Sing Along-FPL 7:00 Vesper - SH The Ockwell Family	29 9:00 EnhanceFitness-SH 11:00 Mindstretchers - FPL 1:00-2:30 Little Store Open-GF 1:30 Watercolor -SH 3:00 Reading with Molly -5th Fl 7:30 Norwegian Male Chorus -MDR	30 9:30 Stretch & Flex - SH 10:00 Outing: Tulip Festival 1:30 Texas Hold'em Poker - SH 2:30 Kapka Kids - 2nd FL	Activities Hotline # 7444 (206-781-7444) Updated daily All Activities are subject to change.			