


Norse Home Activities Calendar

All Activities are subject to change.

March 2018

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
				1 9:00 Challenge Your Balance - SH 9:15 Activity Cart -2nd & 3rd FL 9:40 Stretch & Flex - SH 10:00 Off to the Races - 3rd FI 10:30 Golf - FPL 1:30 BINGO - 2nd FL DR 3:00 Happy Hour - MDR	2 9:00 Enhanced Fitness - SH 10:00 Meeting with Dennis - MDR 11:00 Mindstretchers - 3rd FL 1:15 Living without regret - FPL 1:30 Craft Room Open - GF 2:00 Readers' Theatre-FR 3:00 Tech Time: Sign Up 3:30 Picture Day - Bistro 6:00 Jean Plays-FPL	3 9:00 Stretch & Balance - SH 9:30-11:30 Little Store Open - GF 9:30 Activity Cart - 2nd & 3rd FL 10:30 Tabletop Curling - PDR 1:30 BINGO - 2nd FI 3:30 Wii Bowling - 2nd FI
4	5 9:00 Enhanced Fitness - SH 11:00 Mindstretchers - FPL 1:30 Watercolor - CR 1:30 Daily Check in-Floors 1-4 3:00 Reading with Molly - 4th	6 9:15 Activity Cart -2nd & 3rd FL 9:30 Stretch & Flex - SH 10:00 Game Time: Cards - 3rd fl 10:30 Golf - FPL 2:00 Bell Choir - FPL 2:30 Kapka Kids - 2nd FL 3:30 Texas Hold'em Poker - SH 3:30 Scrabble Hour - 3rd FL	7 9:00 Enhanced Fitness - SH 10:00 Daily Check In - Floors 1-4 11:00 Mind Stretchers - FPL&3FI 1:15 Fred Meyers Shopping 1:30 Craft Room Open - GF 3:30 Corn Hole Toss - FPL 3:30 Spring Craft - 3rd FL 7:00 Rain City Symphony-MDR	8 9:00 Challenge Your Balance - SH 9:15 Activity Cart - 2nd & 3rd FL 9:40 Stretch & Flex - SH 10:15 Scenic Drive: Sign Up 1:30 BINGO - 2nd FL DR 3:00 Happy Hour - MDR	9 9:00 Enhanced Fitness - SH 10:00 Daily Check In - Floors 1-4 10:45 Poetry Corner - FPL 11:00 Mindstretchers - 3rd FL 1:30 Craft Room Open - GF 2:00 Readers' Theatre - FR 3:15 Drawing 101 - FR 3:30 Tech Time: Sign Up	10 9:00 Stretch & Balance - SH 9:30-11:30 Little Store Open - GF 10:00 Irish Dancers-SH 10:00 Dog Visit - 3rd FI 1:00 BINGO - 2nd FI 2:00 Orchestra of Flight - MDR 3:30 Wii Bowling - 2nd FI
11 Daylight Saving Time Begins	12 9:00 Enhanced Fitness - SH 10:30 Bookmobile - ML 11:00 Mindstretchers - FPL 1:30 Daily Check in-Floors 1-4 1:30 Watercolor - CR 3:00 Reading with Molly - 4th	13 9:15 Activity Cart -2nd & 3rd FL 9:30 Stretch & Flex - SH 10:00 Game Time: Yahtzee - 3rd 10:30 Corn Hole Toss - FPL 2:00 Birthday Party - MDR 2:30 Kapka Kids - 2nd FL 3:30 Texas Hold'em Poker - SH 3:30 Scrabble Hour - 3rd FL	14 9:00 Enhanced Fitness - SH 10:00 Daily Check In - Floors 1-4 11:00 Mind Stretchers - FPL&3FI 1:15 Fred Meyers Shopping 1:30 Craft Room Open - GF 3:30 Composer's Corner - FPL 6:15 BINGO - SH	15 Podiatrist is Here 9:00 Challenge Your Balance - SH 9:15 Activity Cart - 2nd & 3rd FL 9:40 Stretch & Flex - SH 10:00 Off to the Races - 3rd FI 10:30 Golf - FPL 1:30 BINGO - 2nd FL DR 3:00 Happy Hour - MDR	16 9:00 Enhanced Fitness - SH 10:00 Daily Check In - Floors 1-4 10:45 Good News Report - FPL 11:00 Mindstretchers - 3rd FL 11:45 Lunch Out: Sign up 2:00 Readers' Theatre - SH 3:00 Craft Room Open	17 St. Patrick's Day 9:00 Stretch & Balance - SH 9:30-11:30 Little Store Open - GF 9:30 Activity Cart - 2nd & 3rd FL 10:30 Tabletop Curling - FR 1:30 BINGO - 2nd FI 3:30 Wii Bowling - 2nd FI
18 2:00 Knitting & Crochet-5th	19 9:00 Enhanced Fitness - SH 11:00 Mindstretchers - FPL 1:30 Daily Check in Floors 1-4 1:30 Watercolor with Debra - SH 3:00 Reading with Molly - 4th	20 First Day of Spring 9:15 Activity Cart -2nd & 3rd FL 9:30 Stretch & Flex - SH 10:15 Scenic Drive: Sign Up 2:30 Kapka Kids - 2nd FL 3:30 Texas Hold'em Poker - SH 3:30 Scrabble Hour - 3rd FL	21 9:00 Enhanced Fitness - SH 10:00 Daily Check In - Floors 1-4 11:00 Mindstretchers - FPL&3 FI 1:15 Fred Meyer Shopping 1:30 Craft Room Open - GF 3:30 Tasting Party - SH	22 9:00 Challenge Your Balance - SH 9:15 Activity Cart - 2nd & 3rd FL 9:40 Stretch & Flex - SH 10:00 Off to the Races - 3rd FI 10:30 Golf - FPL 1:30 BINGO - 2nd FI DR 3:00 Happy Hour - MDR	23 9:00 Enhanced Fitness - SH 10:00 Daily Check In - Floors 1-4 10:45 Poetry Corner - FPL 11:00 Mindstretchers-3rd FL 1:30 Craft Room Open - GF 2:00 Readers' Theatre- FR 3:15 Drawing 101 - FR 3:30 Tech Time: Sign Up	24 9:00 Stretch & Balance - SH 9:30-11:30 Little Store Open - GF 9:30 Activity Cart - 2nd & 3rd FL 10:30 Tabletop Curling - FR 1:30 BINGO - 2nd FI 3:30 Wii Bowling - 2nd FI
25 Palm Sunday 3:30 FPL Sing Along 7:00 Vespers -SH Ockwell Family	26 9:00 Enhanced Fitness - SH 11:00 Mindstretchers - FPL 1:30 Daily Check in- Floors 1-4 1:30 Watercolor with Debra - SH 3:00 Reading with Molly - 4th 7:30 Norwegian Male Chorus MDR	27 9:15 Activity Cart -2nd & 3rd FL 9:30 Stretch & Flex - SH 10:15 Scenic Drive: Sign Up 1:30 Mindful Movement - SH 2:30 Kapka Kids - 2nd FL 3:30 Texas Hold'em Poker - SH 3:30 Scrabble Hour - 3rd FL	28 9:00 Enhanced Fitness - SH 10:00 Daily Check In - Floors 1-4 11:00 Mind Stretchers - FPL&3FL 1:15 Fred Meyers Shopping 1:30 Craft Room Open - GF 3:15 Spring Tea Party - 3rd FL 3:30 Corn Hole Toss - FPL 6:15 BINGO - SH	29 9:00 Challenge Your Balance - SH 9:15 Activity Cart - 2nd & 3rd FL 9:40 Stretch & Flex - SH 10:00 Off to the Races - 3rd FI 10:30 Golf - FPL 1:30 BINGO - 2nd FL DR 3:00 Happy Hour - MDR	30 Good Friday 9:00 Enhanced Fitness - SH 10:00 Daily Check In - Floors 1-4 10:45 Good News Report - FPL 11:00 Mindstretchers - 3rd FL 1:30 Craft Room Open - GF 2:00 Readers' Theatre - SH 3:30 Tech Time: Sign Up 6:00 Jean Plays-FPL	31 9:00 Stretch & Balance - SH 9:30-11:30 Little Store Open - GF 9:30 Activity Cart - 2nd & 3rd FL 10:30 Tabletop Curling - FR 1:30 BINGO - 2nd FI 3:30 Wii Bowling - 2nd FI

Room Abbreviations CR - Craft Room, GF - Ground Floor MDR - Main Dining 1st FL ML - Main Lobby PDR - Private Dining Room SH - Social Hall, GF