





Norse Home Activities Calendar

February 2018

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
 <h1 style="font-size: 4em; margin: 0;">FEBRUARY</h1>				1 Podiatrist Here 9:00 Challenge Your Balance - SH 9:15 Activity Cart -2nd & 3rd FL 9:40 Stretch & Flex - SH 10:00 Off to the Races - 3rd FI 10:30 Golf - FPL 1:30 BINGO - 2nd FL DR 3:00 Happy Hour - MDR	2 9:00 Enhanced Fitness - SH 10:00 Daily Check In - Floors 1-4 10:45 Tech Time: in room 10:45 Poet's Corner - FPL 11:00 Mindstretchers - 3rd FL 1:30 Craft Room Open - GF 2:00 Readers' Theatre-FR 3:00 Practice Poker - SH 3:30 Make a Door Decoration - 3FL	3 9:00 Stretch & Balance - SH 9:15 Activity Cart - 2nd & 3rd FL 9:30-11:30 Little Store Open - GF 10:30 Crosswords Together - 3FL 1:30 BHS Chamber Music - FPL 1:30 BINGO - 2nd FI 3:30 Wii Bowling - 2nd FI
4 3:30pm Super Bowl 6:30 Vespers - SH Ballard First Lutheran Communion	5 9:00 Enhanced Fitness - SH 11:00 Mindstretchers - FPL 1:30 Watercolor - SH 1:30 Daily Check in-Floors 1-4 3:00 Reading with Molly - 4th	6 9:15 Activity Cart -2nd & 3rd FL 9:30 Stretch & Flex - SH 10:00 Fun & Games - 3rd FL 10:30 Golf - FPL 2:00 Bell Choir - FPL 2:30 Kapka Kids - 2nd FL 3:30 Texas Hold'em Poker - SH 3:30 Scrabble Hour - 3rd FL	7 9:00 Enhanced Fitness - SH 10:00 Daily Check In - Floors 1-4 11:00 Mind Stretchers - FPL&3FI 1:15 Fred Meyers Shopping 1:30 Craft Room Open - GF 3:30 Corn Hole Toss - FPL 3:30 Valentines Crafts - CR 6:15 Bingo - SH	8 Olympics Begin 9:00 Challenge Your Balance - SH 9:15 Activity Cart - 2nd & 3rd FL 9:40 Stretch & Flex - SH 10:00 Off to the Races - 3rd FI 10:30 Golf - FLP 1:30 BINGO - 2nd FL DR 3:00 Happy Hour - MDR	9 Opening Ceremony 9:00 Enhanced Fitness - SH 10:00 Daily Check In - Floors 1-4 10:45 Good News Report - FPL 11:00 Mindstretchers - 3rd FL 1:30 Craft Room Open - GF 2:00 Readers' Theatre - FR 3:15 Drawing 101 - FR 3:30 Tech Time: Sign Up	10 9:00 Stretch & Balance - SH 9:15 Activity Cart - 2nd & 3rd FL 9:30-11:30 Little Store Open - GF 10:00 Dog Visit - 3rd FI 12:00 Eye glass Repair - ML 1:30 BINGO - 2nd FI 2:00 S.T.R.U.M. - MDR 3:30 Wii Bowling - 2nd FI
11 	12 9:00 Enhanced Fitness - SH 9:15 Daily Check In - Floors 1-4 10:30 Bookmobile - ML 11:00 Mindstretchers - FPL 1:30 Watercolor - SH 3:00 Reading with Molly - 4th	13 Mardi Gras 9:15 Activity Cart -2nd & 3rd FL 9:30 Stretch & Flex - SH 10:15 Scenic Drive: Sign Up 2:00 Birthday Party - MDR 2:30 Kapka Kids - 2nd FL 3:30 Texas Hold'em Poker - SH 3:30 Scrabble Hour - 3rd FL	14 Valentines Day Ash Wednesday 9:00 Enhanced Fitness - SH 10:00 Daily Check In - Floors 1-4 11:00 Mind Stretchers - FPL&3FI 1:15 Fred Meyers Shopping 1:30 Craft Room Open - GF 3:30 Composer's Corner - FPL 6:00 Valentines Day Party - FPL	15 9:00 Challenge Your Balance - SH 9:15 Activity Cart - 2nd & 3rd FL 9:40 Stretch & Flex - SH 10:00 Off to the Races - 3rd FI 10:30 Poet's Corner - FPL 1:30 BINGO - 2nd FL DR 3:00 Happy Hour - MDR	16 Norse Home Winter Olympics 9:00 Enhanced Fitness - SH 10:00 AL Curling - 3rd FL 10:30 Golf for the Gold - FPL 1:30 Toss for Glory - FPL 2:30 Curling - SH 3:30 Medal & Closing Ceremony SH	17 9:00 Stretch & Balance - SH 9:15 Activity Cart - 2nd & 3rd FL 10:30 Crosswords Together - 3FL 1:30 BINGO - 2nd FI 3:30 Wii Bowling - 2nd FI
18 9:30 Norse Home Brunch Buffet - MDR 2:00 Knitting & Crochet-5th 6:30 Vespers - SH Dwight Paulson	19 Presidents' Day Holiday 	20 Olympics Close 9:15 Activity Cart -2nd & 3rd FL 9:30 Stretch & Flex - SH 10:30 Fun & Games - 3rd FL 10:30 Golf - FPL 1:30 Reading with Molly-4th FL 3:30 Texas Hold'em Poker - SH 3:30 Scrabble Hour - 3rd FL	21 9:00 Enhanced Fitness - SH 10:00 Daily Check In - Floors 1-4 11:00 Mindstretchers - FPL&3 FI 1:15 Fred Meyer Shopping 1:30 Craft Room Open - GF 3:30 Tasting Party - SH 6:15 Bingo - SH	22 National Margarita Day 9:00 Challenge Your Balance - SH 9:15 Activity Cart - 2nd & 3rd FL 9:40 Stretch & Flex - SH 10:15 Scenic Drive: Sign Up 1:30 BINGO - 2nd FI DR 3:00 Happy Hour - MDR	23 9:00 Enhanced Fitness - SH 10:00 Daily Check In - Floors 1-4 10:45 Good New Report-FPL 11:00 Mindstretchers-3rd FL 11:45 Lunch Outing: Sign Up 1:30 Craft Room Open - GF 2:00 Readers' Theatre- FR 3:15 Drawing 101 - FR 3:30 Tech Time: Sign Up 6:00 Jean plays the Piano-FPL	24 9:00 Stretch & Balance - SH 9:15 Activity Cart - 2nd & 3rd FL 9:30-11:30 Little Store Open - GF 10:30 Crosswords Together - 3FL 1:30 BINGO - 2nd FI 3:30 Wii Bowling - 2nd FI
25 3:30 FPL Sing Along 7:00 Vespers -SH Ockwell Family	26 9:00 Enhanced Fitness - SH 9:15 Daily Check In - Floors 1-4 11:00 Mindstretchers - FPL 1:30 Watercolor in Craft Room - GF 3:00 Reading with Molly - 4th 7:30 Norwegian Male Chorus MDR	27 9:15 Activity Cart -2nd & 3rd FL 9:30 Stretch & Flex - SH 10:15 Scenic Drive: Sign Up 2:30 Kapka Kids - 2nd FL 3:30 Texas Hold'em Poker - SH 3:30 Scrabble Hour - 3rd FL	28 9:00 Enhanced Fitness - SH 10:00 Daily Check In - Floors 1-4 11:00 Mind Stretchers - FPL&3FL 1:15 Fred Meyers Shopping 1:30 Craft Room Open - GF 3:15 Tea Party - 3rd FL 3:30 Composer's Corner - FPL			

All Activities are subject to change.

Room Abbreviations CR - Craft Room, GF FPL - Fireplace Lounge-1st FR - Founders Room, GF GF - Ground Floor MDR - Main Dining 1st FL ML - Main Lobby PDR - Private Dining Room SH - Social Hall, GF